

@gruwup.net : Peacebuilding and Trustbinding Ideal
3260 Grande Vista, San Bernardino CA 924
San Bernardino, CA 92405
Tel: 909-882-8759 Fax: 909-277-7893

Fax

To: Doctor Jonathan Harry Mermin [
@DrMerminCDC] **From:** James Martin Driskill

Fax: 1-404-639-1388 **Date:** Jul 14/19 03:52 AM

Organization: CDC HIV Treatment/Prevention

Subject: Images

Confidentiality Warning: This message is intended only for the use of the individual or entity to which it is addressed, and may contain information which is privileged, confidential, proprietary or exempt from disclosure under applicable law. If you are not the intended recipient or the person responsible for delivering the message to the intended recipient, you are strictly prohibited from disclosing, distributing, copying or in any way using this message. If you have received this communication in error, please notify the sender, and destroy and delete any copies you may have received.

Image Source: <http://partnerhope.com>

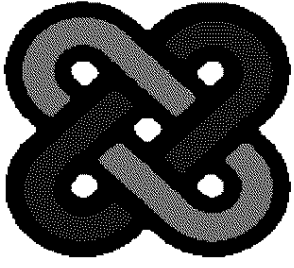


TRUST
Betrayal Of The Commons

<http://BetrayaloftheCommons.FuckedUpHuman.net>

#9Scourges12Steps

@Gruwup



@Gruwup

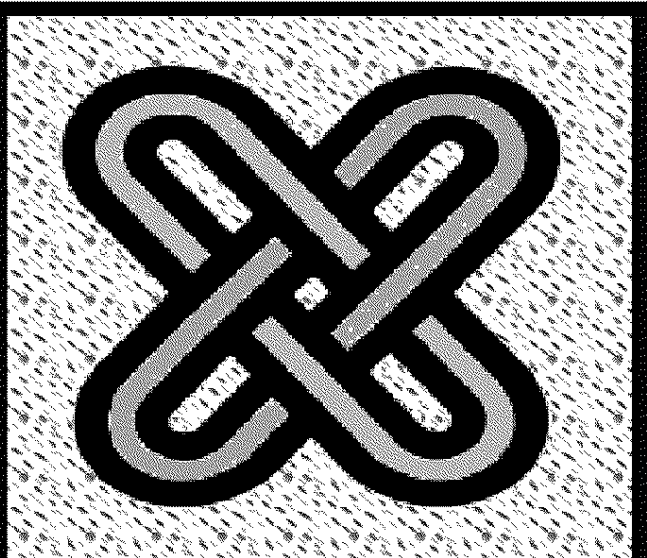
#9Scourges12Steps

@Gruwup

#9Scourges12Steps

@Gruwup

#9Scourges12Steps

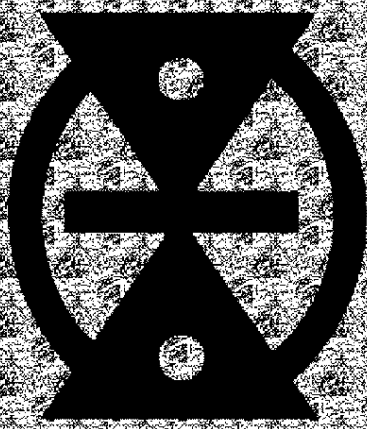


K r a m o b o n e

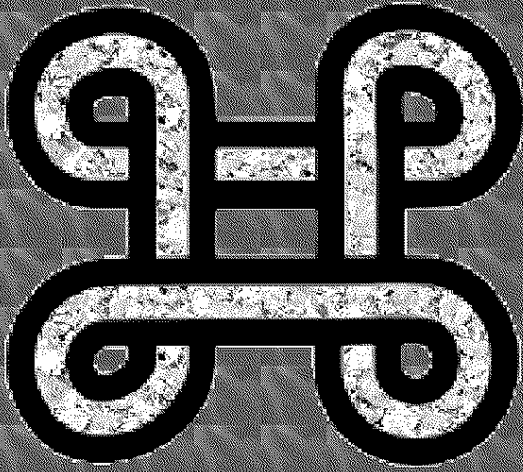
"One Bad Makes All Look Bad"

Warning Against

Deception and Hypocrisy



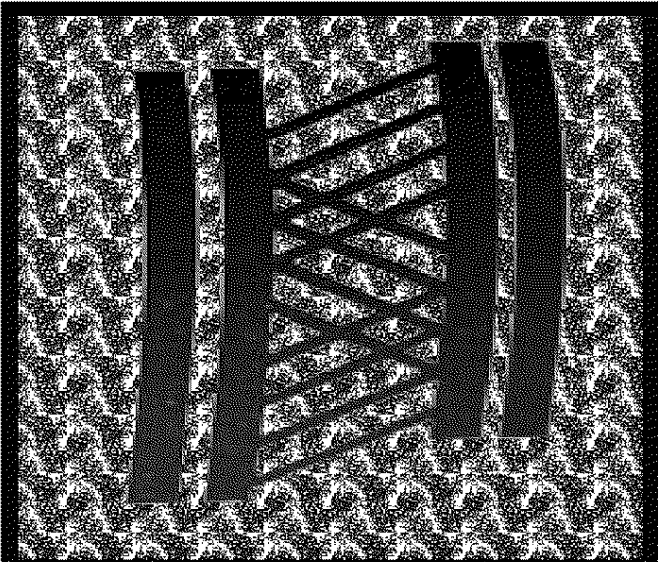
M m e r e D a n e
Time Changes
Change, Life's Dynamics



M p a t a p o

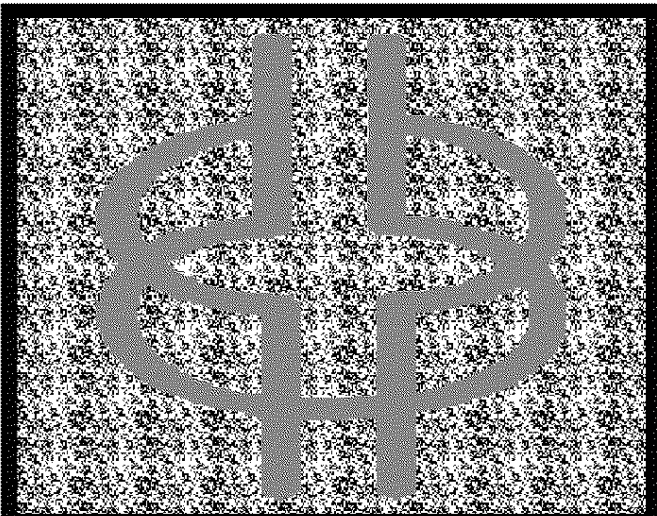
"Knot Of Reconciliation"

The Knot That Bind Parties Together
To Work Out Their Dispute In Peaceful Ways.



Owo Foro Adobe

Snake Climbing the Palm Tree
Steadfastness, Prudence, Diligence,
Performing the Impossible



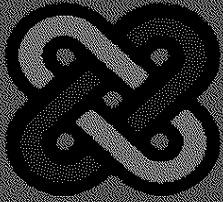
NYANSAPO

"Wisdom Knot"

(Please Attach This Symbol To Anything That
You Are Sharing That Is Wisdom / Guidance)

#9Scourges12Steps

#9Scourges12Steps



#9Scourges12Steps

#9Scourges12Steps

Seeking A Conversation With
A "Circle Of Doctors" To
Discuss Real Solutions To
Stop The End Point Of Erosion
Of Trust That Is Causing
#MassShootings!

In the process, many of the 9 Scourges
Of Inequality in #9Scourges12Steps will
be addressed. Following 12 Steps of
Social Improvement To Rebuild Trust
In Our Communities ... One Solution I
Bring Forward For Discussion.....

Can you join me in that discussion?

9 Scourges of inequality

1. The erosion level of trust between people
2. Lack of trust leads to disconnection from others and the breakdown of social bonds
3. The increase in certifiable mental illness including addictions which are a form of mental problems
4. Eating disorders and obesity
5. Lower life expectancy
6. Homicides including mass murder as a dramatic form of murder
7. Suicides
8. Imprisonment rates
9. The loss of social cohesion

Source:

https://www.democracyatwork.info/capitalist_misery_economy_meets_psychology

- 1. We understand that one person alone cannot solve the chronic societal and personal problems that are making our lives very difficult to manage.**
- 2. We have come to believe that only a collective, which is a power greater than our individual selves, can move us and our nation forward to a healthier, more democratic place.**
- 3. We decided to commit time and energy, will and belief in the future to work together for change.**

4. We took a serious and thorough moral measure of ourselves, noting the ways we collude with societal forces in our own exploitation, and noting our embrace of practices and beliefs about ourselves and others that make us vulnerable to being manipulated and exploited. This is an important step. We need to be aware that we are not just victims or victimizers, we are also collaborators. We are not helpless. We can also act...-for better or for worse. What we need to do now is unite around basic principles and create programs to achieve goals for the benefit of all.

#9Scourges12Steps

5. We have admitted to ourselves and out loud to others, the ways we have collaborated in our own victimization and the victimization of others.

6. We are working to move beyond certain dysfunctional behaviors by taking action to better our own and other's lives. Some members of our collective take support from their religious or spiritual beliefs, as a private matter. Everyone's contributions enrich our group's development and efforts to create a broad unified movement.

#9Scourges12Steps

7. We ask for and are ready to give, the much-needed support that will help us unlearn collusion and internalize the new knowledge and wisdom that comes to us through our efforts, and which is so necessary for our growth. We also ask for and will give, support to help us rebound from the disappointments likely to occur among our triumphs.

8. We are studying to fill the gaps in US history, the better to grasp both the similar and different realities lived by the diverse peoples who have populated our nation from the very beginning. We are studying the systemic arrangements: economic, political, social and psychological; the terrains of class and color, poverty and wealth, privilege and persecution, the marvelous and shameful, the horrible and the beautiful. We do this not just to discover, learn and acquire knowledge for its own sake, but to more inform our thoughts about the dignity of life, creating change and building the future.

#9Scourges12Steps

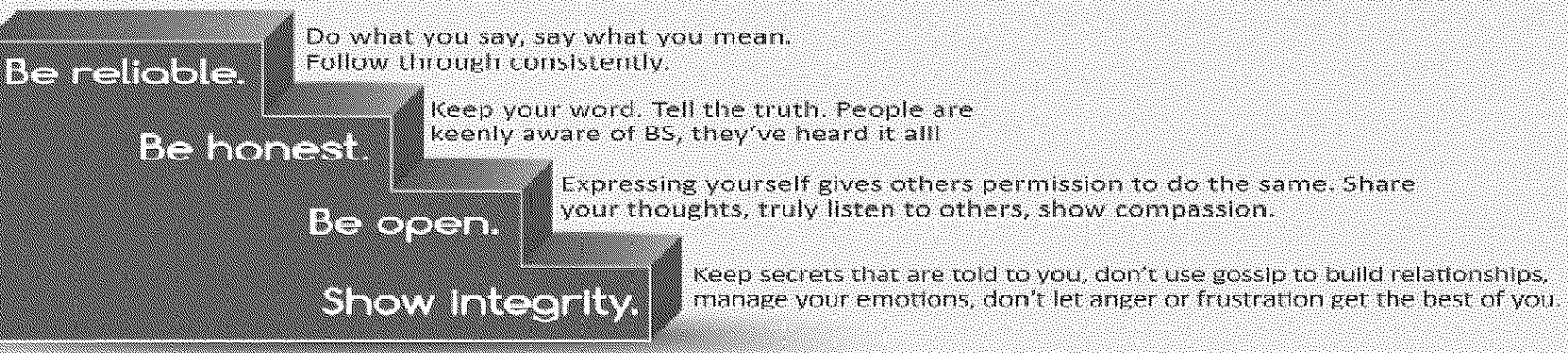
9. We continue to take a moral measure of ourselves, as individuals and as a nation. When we are wrong, we admit it.
10. We work to promote and to demand from our government: federal state and local- fair and just domestic policies that support American's efforts to live healthy and productive lives. We also work to promote and demand humane and non-exploitative foreign policies that encourage peaceful relations between nations and the well-being of all humanity and our planet earth.

11. We seek- through experience, study, meditation, imagination, discussion, and listening to each other- greater understanding, knowledge, and consciousness of the human condition and all life, the better to connect with others in developing a well-functioning, life-affirming, democratic society.

12. Having come to realize, by taking these 12 steps, that certain structural characteristics of US society hinder American's pursuit of happiness; has also realized the ways in which some of our own actions reinforce those hindrances, we have experienced an invigorating, moral, ethical, political, and personal awakening. Feeling the changes within ourselves, we are motivated to reach out and engage sympathetically and supportively with whomever we can. We ask each other here to do the same. Our collective plans hope and cultivate action. Our collective is powerful. We can and will reap a sustainable future.

#9Scourges12Steps

STEPS TO BUILDING TRUST



The 9 Scourges of Inequality and the 12 Steps of Social Improvement to Rebuild Trust In Our Communities

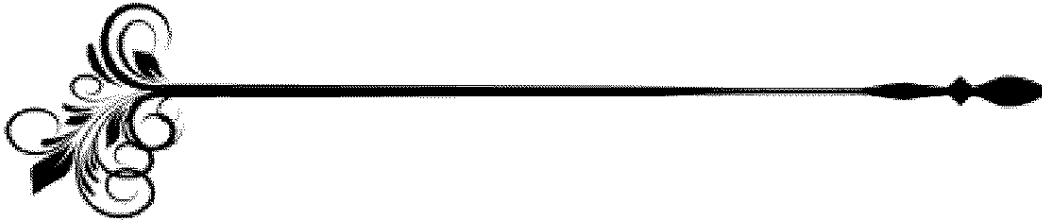
(Used Without Permission)
INTELIVATE

The 9 Scourges of Inequality and the 12 Steps of Social Improvement to Rebuild Trust In Our Communities

Published on June 13, 2019 [Edit article](#) [View stats](#)

 **James Driskill**
Owner, realuphuman.net

19 articles



There are 9 scourges of inequality.

- 1. The erosion level of trust between people.**
- 2. Lack of trust leads to disconnection from others and the breakdown of social bonds.**
- 3. The increase in certifiable mental illness including addictions which are a form of mental problems**
- 4. Eating disorders and obesity**
- 5. Lower life expectancy**
- 6. Homicides including mass murders, a dramatic form of murder**
- 7. Suicides**
- 8. Imprisonment rates and**
- 9. The loss of social mobility.**



12 Steps Of Social Improvement To Rebuild Trust In Our Communities

[Adapted From 12 Step Programs Of Addiction]

- 1. We understand that one person alone cannot solve the chronic societal and personal problems that are making our lives very difficult to manage.**
- 2. We have come to believe that only a collective, which is a power greater than our individual selves, can move us and our nation forward to a healthier, more democratic place.**
- 3. We decided to commit time and energy, will and belief in the future to work together for change.**
- 4. We took a serious and thorough moral measure of ourselves, noting the ways we collude with societal forces in our own exploitation, and noting our embrace of practices and beliefs about ourselves and others that make us vulnerable to being manipulated and exploited. This is an important step. We need to be aware that we are not just victims or victimizers, we are also collaborators. We are not helpless. We can also act...-for better or for worse. What we need to do now is unite around basic principles and create programs to achieve goals for the benefit of all.**

5. We have admitted to ourselves and out loud to others, the ways we have collaborated in our own victimization and the victimization of others.

6. We are working to move beyond certain dysfunctional behaviors by taking action to better our own and other's lives. Some members of our collective take support from their religious or spiritual beliefs, as a private matter. Everyone's contributions enrich our group's development and efforts to create a broad unified movement.

7. We ask for and are ready to give, the much-needed support that will help us unlearn collusion and internalize the new knowledge and wisdom that comes to us through our efforts, and which is so necessary for our growth. We also ask for and will give, support to help us rebound from the disappointments likely to occur among our triumphs.

8. We are studying to fill the gaps in US history, the better to grasp both the similar and different realities lived by the diverse peoples who have populated our nation from the very beginning. We are studying the systemic arrangements: economic, political, social and psychological; the terrains of class and color, poverty and wealth, privilege and persecution, the marvelous and shameful, the horrible and the beautiful. We do this not just to discover, learn and acquire knowledge for its own sake, but to more inform our thoughts about the

dignity of life, creating change and building the future.

9. We continue to take a moral measure of ourselves, as individuals and as a nation. When we are wrong, we admit it.

10. We work to promote and to demand from our government-federal state and local- fair and just domestic policies that support American's efforts to live healthy and productive lives. We also work to promote and demand humane and non-exploitative foreign policies that encourage peaceful relations between nations and the well-being of all humanity and our planet earth.

11. We seek- through experience, study, meditation, imagination, discussion, and listening to each other- greater understanding, knowledge, and consciousness of the human condition and all life, the better to connect with others in developing a well-functioning, life-affirming, democratic society.

12. Having come to realize, by taking these 12 steps, that certain structural characteristics of US society hinder American's pursuit of happiness; has also realized the ways in which some of our own actions reinforce those hindrances, we have experienced an invigorating, moral, ethical, political, and personal awakening. Feeling the changes within ourselves, we are motivated to reach out and engage sympathetically and supportively with

whomever we can. We ask each other here to do the same. Our collective plans hope and cultivate action. Our collective is powerful. We can and will reap a sustainable future.

Source:

Mass Murder is Capitalist Misery: Economy Meets Psychology

POSTED ON JULY 01, 2017 · BY HARRIET
FRAAD | JULY 1, 2017

https://www.democracyatwork.info/capitalist_misery_economy_meets_psychology



Graphic Caption:

STEPS TO BUILDING TRUST

Be Reliable: Do what you say, say what you mean.
Follow through consistently.

Be Honest: Keep your word. Tell the truth. People keenly aware of bullshit, they've heard it all!

Be Open: Expressing yourself gives others permission to do the same. Share your thoughts, truly listen to others, show compassion.

Show Integrity: Keep secrets that are told to you, don't use gossip to build relationships, manage your emotions, don't let anger or frustration get the best of you.

Source: Intelivate (Used Without Permission, Building a Better Community)